

## CURRICULUM VITAE

Dr. Stefano Bellentani



Via Sciaroni, 9 - 6600 Muralto, Switzerland

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### SENIOR GASTROENTEROLOGIST/NUTRITIONIST

Versatile and highly accomplished medical professional, offering over 25 years' cumulative experience in the areas of patient management, advanced research and education within the gastroenterology domain of the medical and healthcare sector. Exceptional track record in treating a variety of conditions, including indigestion, irritable bowel syndrome, constipation and inflammatory bowel disease, chronic viral hepatitis and problems with liver function, fatty liver and metabolic diseases. Extensive involvement in providing valuable nutritional consultancy to a variety of patients, as well as education to aspiring medical practitioners. Established researcher with sound knowledge of the standard practices and ethics in medicine. Well conversant with legislation and standards ensuring quality, vigilance, and safety during consultation and drug development.

### CORE COMPETENCIES

- Clinical Care
- Pain Management
- Case Management
- Nutritional Consultation
- Accurate Diagnosis
- Treatment Methodologies
- Technological Advancements
- Equipment Management
- Team Management
- Curriculum Development
- Development of Material for Programme Delivery
- Conducting Seminars and Training Sessions
- Delivering Lectures
- Redesigning Curriculum
- Research Guidance
- Mentoring and Guiding Students

### KEY SKILLS

- **Professional Milestones** – Exceptional continual association with various reputed institutions. Handling significant positions such as associated editor for Annals of Hepatology, component of Steering Committee of the FLIP, Vice-president of the Italian Society of Gastroenterology (SIGE), member of the editorial board of Digestive Liver Diseases, and Principal Investigator (P.I.) for Italy of a National Institute of Health (NIH), USA, granted International (USA, Spain, Italy) project on alcoholic liver disease. Involved in reviewing many international scientific journals and conducting various clinical trials in Italy and in Europe.
- **Publications** – Credited with a number of posters, publications and presentations. Statistics include 75 publications in international peer-reviewed journals (total impact factor = 400), 20 in national journals and 37 chapters of books. Author of 150 abstracts selected for oral or poster presentations at both national and international meetings.
- **Research Involvement** – Currently involved in clinically-applied as well as basic research metabolism, therapy of chronic liver diseases with bile acids and epidemiology of chronic liver diseases, steatosis, NAFLD, AFLD and nutrition. Promoter and coordinator of a large cohort study on the prevalence of chronic liver diseases, named Dionysos Study.
- **Patient Management** – Performing an average of 50 diagnostic esophagogastrosopies, 80 diagnostic and operative colonoscopies, 10 guided liver biopsies, 100 abdominal ultrasounds (with or without E.V. Contras), 20 fibroscan evaluation, 120 G.I. visits/consultations on a monthly basis.
- **Communication** – Excellent communicator with a reputation of having presented more than 100 communications in international meetings, and many lectures as an invited speaker in different universities around the world.
- **Languages** – English and Italian (Fluent) and Spanish (Basic)

### ACHIEVEMENTS AND GRANTS

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- Bestowed with Telethon Award and research grant of 60,000 € n° E396 for the study entitled “Genetic component of alcoholic liver disease in the Dionysos cohort”, Oct. 1999- Dec.2001
- Bestowed with a National Institute of Health (NIH), USA, international (USA, Spain, Italy) grant of 100,000 US \$ per year for 5 year entitled “MIF in progression and treatment of ALD”, Jan. 2012-Aug. 2017.
- Provided expert consultation, suggested treatment procedures and prescribed drugs to nearly 250 patients per month.
- Nominated “President” of a three-member committee by an international organisation (details available upon request) for testing a drug to be used in clinical trials.

## KEY DELIVERABLES ACROSS CAREER SPAN

### **Clinical**

- Treating patients suffering from any gastrointestinal issues.
- Diagnosing and treating any disorders, diseases or irregularities pertaining to the digestive tract.
- Analysing patient's medical history, medication allergies, physical condition and examination results to verify and determine best treatment procedures.
- Treating a variety of conditions including fatty liver and metabolic diseases, indigestion, irritable bowel syndrome, constipation and inflammatory bowel disease, chronic viral hepatitis and problems with liver function.
- Recommending a number of tests including blood work, colonoscopies, and endoscopies.
- Performing first and second level GI endoscopy, ultrasonography and contrast-agents ultrasonography.
- Collaborating with radiologists, pathologists, oncologists and surgical teams working in treatment of various disorders of the oesophagus, stomach and liver as well as hepatobiliary, pancreatic and colorectal diseases.
- Providing modified treatments in case of specific conditions or for certain groups, e.g. diabetes, alcoholics.

### **Research and Educational**

- Involvement in research activities and keeping up to date with medical developments, new drugs, treatments and medications, including complementary medicine.
- Writing research reports and other publications to document and communicate research findings.
- Planning, conducting and evaluating dietary, nutritional and epidemiological research.
- Teaching across a range of qualification types and levels, in open access workshops.
- Researching and developing new topics, courses and teaching materials, including online resources.
- Imparting theoretical and practical instructions to undergraduate/postgraduate students.
- Developing curriculum and preparing manuals, visual aids, course outlines and other materials used in teaching.
- Planning and conducting training programs in dietetics, nutrition and institutional management and administration for medical students, health-care personnel and the general public.

### **Nutrition Consultancy**

- Evaluating nutritional needs, diet restrictions and existing health plans to develop and implement dietary-care plans and provide nutritional counselling.
- Advising patients and their families on nutritional principles, dietary plans and diet modifications and food selection and preparation.
- Counselling individuals and groups on basic rules of good nutrition, healthy eating habits and nutrition monitoring to improve their quality of life.
- Advising on and ensuring conformance to nutritional, safety, sanitation and quality standards.
- Coordinating diet counselling services.

### **Clinical Skills and GI Procedures usually performed**

Working on a 36 hours per week basis Dr. Bellentani usually performs an average (monthly based) of:

- 50 Esophagogastrosopies
- 80 Colonoscopy (diagnostic and operative)
- 100 Abdominal ultrasound with or without contrast-agents
- 20 Liver stiffness evaluation with Fibroscan
- 10 liver biopsies
- 120 G.I. Visits/consultations

## CAREER PROGRESSION

## **Clinical / Nutritional**

<b>Consultant Specialist for Gastroenterology and Nutrition</b> University of Modena and Reggio Emilia; Department Gastroenterology Azienda USL Modena; Italian Liver Foundation (FIF); Amici del Fegato- ONLUS, Italy	<b>Mar 1987 – November 2015</b>
<b>Director of the Liver Centre</b> Gastroenterology Unit- “Ramazzini” Hospital – Carpi (Modena) – Italy	<b>Jan 1999 – November 2015</b>
<b>Locum Gastroenterology Consultant at the Shrewsbury Royal Hospital, UK</b>	<b>July 2014-March 2015</b>
<b>Locum Gastroenterology Consultant at Frimley Park Hospital, UK</b>	<b>November 2015 – June 2016</b>
<b>Chief of Gastroenterology, Hepatology and Digestive Endoscopy at Clinica Santa Chiara, Locarno, Switzerland</b>	<b>July 2016- present</b>

## **Educational**

<b>Vice-President</b> Italian Society of Gastroenterology (SIGE)	<b>Mar 2012 – Mar 2014</b>
<b>Consultant Professor of Sport therapy and of Nutrition</b> University of Modena, Reggio Emilia	<b>Sep 2003 – Dec 2013</b>
<b>Professor of Human Diet and Nutrition, School of Gastroenterology and Sport Therapy School of Sport Medicine at the University of Modena, Reggio Emilia</b>	<b>Sep 1994 – Dec 2013</b>
<b>Subspeciality Board in Nutrition</b> University of Modena, Italy	<b>1990</b>
<b>Component of the Scientific Committee – Italian Liver Foundation</b>	<b>Jan 1987 – present</b>
<b>Professor of Clinical Biochemistry</b> School for Laboratory Technicians, University of Trieste, Italy.	<b>Jan 1994 – Dec 1996</b>
<b>Tutorship (for the students of the G.I. School)</b> University of Modena, Italy	<b>Jan 1985 – Dec 1989</b>
<b>Temporary Teaching Contract in “Physiology”</b> School of Radiology Technicians at the Policlinic Hospital in Modena	<b>Oct 1985 – Jun 1986</b>
<b>National Scientific Certification of Professor in Gastroenterology</b> National Scientific Certification (competitive sector 06/D4)	<b>Dec 2013</b>
<b>Registration to the GMC (UK) n-7466818</b>	<b>June 2014</b>
<b>Locum Gastroenterology Consultant at the Shrewsbury Royal Hospital UK</b>	<b>July 2014-March 2015</b>
<b>Locum Gastroenterology and Hepatology Consultant at Frimley Park Hospital, Frimley, London, UK</b>	<b>November 2015-June 2016</b>
<b>Chief of Gastroenterology, Hepatology and Digestive Endoscopy at Clinica Santa Chiara, Locarno, Switzerland</b>	<b>July 2016- present</b>

## **Research**

### *For basic science research:*

Experimental Cholestasis and Alcoholic Liver Disease	2000 – Present
Organic Anions Hepatocyte Transport	1999
Bile Acids Hepatocyte Transport and Metabolism	1998
Physiology of Biliary Secretion	1997

### *For clinical research:*

Liver Steatosis, NAFLD, AFLD, Nutrition and Therapy of Chronic Liver Diseases	2002 – Present
Epidemiology of Chronic Liver Diseases (Hepatitis, Liver Steatosis, Alcoholic Liver Disease)	2001 – Present
Primary Care Gastroenterology	2008 – Present
Hepatocellular Carcinoma (HCC)	2010 – Present

## **EDUCATIONAL QUALIFICATIONS**

<b>Ph.D. in Hepatology</b> Universities of Modena, Torino, Ancona and Padova, Italy	Sep 1985 – Dec 1988
<b>Academic Appointment as a Research Fellow</b> Postdoctoral School of Hepatology in Italian Postdoctoral program in Hepatology (PhD national program)	Jan 1984 – Dec 1987
<b>Subspecialty Board in Gastroenterology</b> University of Modena, Italy	Jan 1979 – Sep 1983
<b>Fulbright Travelling Fellow</b> Laboratory of Dr.W.G.M, Hardison, Professor of Medicine in Residence, University of California, San Diego, USA	Sep 1982 – Dec 1983
<b>Hospital Appointment as Assistant in the Emergency Department</b> University of Modena, Italy	Jan 1981 – Jun 1982
<b>Doctoral Degree in Medicine, Summa Cum Laude</b> University of Modena, School of Medicine, Italy	Sep 1973 – Dec 1979
<b>National Scientific Certification of “Professor in Gastroenterology”</b> National Scientific Abilitation (competitive sector 06/D4)	Dec 2013
<b>Registration to the GMC (UK) n-7466818</b>	June 2014

## **PROFESSIONAL CERTIFICATIONS**

<b>Postgraduate Training in Gastroenterology</b> Department of Medicine, University of Modena, Italy	1980 –1983
<b>National Scientific Certification of “Professor in Gastroenterology”</b> National Scientific Abilitation (competitive sector 06/D4)	Dec 2013
<b>Registration to the GMC (UK) n-7466818</b>	June 2014

## **MEMBERSHIPS**

- Medical Society of Modena, Italy (1979 – Present)
- Italian Association for the Study of the Liver (1979 – Present)
- Italian Society of Gastroenterology (1979 – Present)

- American Association for the Study of the Liver Diseases (1984 – Present)
- European Association for the Study of the Liver (1984 – Present)
- American Gastroenterology Association (1986 – Present)
- International Association for the Study of Liver Disease (1990 – Present)

## PUBLICATIONS

Author of 150 publications. Details as below.

- 89 publications in international peer-reviewed journals (total impact factor = 430)
- 21 on national journals
- 40 chapters of books

Author of 155 abstracts selected for oral or poster presentations at both national and international meeting.

Impact factor, Citation index, H Indexes, g index, etc. as below;

Normalization	Citations	h-index	g-index	e-index	delta-h	delta-g
none	6544.00	34.00	>50	70.00	7.00	-
per co-authorship	1915.60	22.00	43.00	33.00	1.30	51.40
per age	617.40	13.00	23.00	16.00	2.70	

## PERSONAL INFORMATION

**Date of Birth:** 4<sup>th</sup> May 1954

**Marital Status:** Divorced

**Actual work:** Consultant Gastroenterologist, Dept. Gastroenterology, Azienda USL, Modena-IT

**Nationality:** Italian

**Driving Licence:**  
Italian

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### References available on request

In Spain: Dr. Oreste Loiacono, Prof.. Juan Rodes, Prof. Manuel Romero Gomez, Prof. Ramon Batallier

In USA: Prof. G.M.Hardison, UCSD; Prof. Alan Hofman, UCSD; Prof. Laura Nagy, Cleveland University

In UK: Prof. Massimo Pinzani, Royal Free Hospital, Dr. Jeff Bateman, Dr. Mark Smith, Dr. John Jones Consultant at the Department of Gastroenterology at the Shrewsbury and Telford NHS Trust, Shrewsbury, UK

In Italy: Prof. Claudio Tiribelli, Trieste; Prof. Gianfranco Delle Fave, Roma, Prof. Massimo Colombo, Milan; Prof. Dario Conte, Milan; Prof. Erica Villa, Modena; Prof. Antonio Craxì, Palermo; Prof. Alfredo Alberti, Padua

March 2, 2017

Signature

